



**SPORTSCOMP**  
Higher Education to  
Improve Competency  
in Sports Physiotherapy



**Funded by  
the European Union**

## **Welcome to update your competencies in sports physiotherapy!**

**SportsComp** (Higher Education to Improve Competency in Sports Physiotherapy) is an Erasmus+ Cooperation Partnership project implemented during September 2023 – August 2026. Project aims to increase the quality of sports physiotherapy education and profession through competence development. During the first year of the project, the international competencies for sports physiotherapists were updated and used as a basis for the development of three e-learning courses. Currently, the project implementation is moving towards piloting two of the developed e-learning courses at EQF level 7. Both courses include 5 ECTS Credits (135 hours of independent study) and are implemented in English. The purpose of the piloting phase is to receive participant feedback for finalising the development work and to validate the courses for their publication and future use.

The e-learning course pilots will run from 15 September to 15 December 2025. Courses will use a digital learning environment Moodle with registrant access given to enrolled participants. Courses include three scheduled and recorded webinars, otherwise learning is self-paced via Moodle.

Participation to the e-learning course pilots is voluntary and free of charge for the participants. Courses will be assessed pass / fail basis. After successfully completing the course / courses, participants will receive a certificate of completion. By participating to the piloting, you have an excellent opportunity to develop your skills based on the updated international sport physiotherapy competencies.

Please note that in order to participate, you need to fulfill the following criteria:

- 1) You need to be a sport physiotherapist / physiotherapist (field expert), master level sports physiotherapy / physiotherapy student (EQF level 7) or a sports physiotherapy / physiotherapy teacher,
- 2) You need to have minimum of B2 level English skills,
- 3) You need to have solid digital skills.

### **Presentation of the courses to be piloted:**

#### **1) [Diversity and Inclusion in Sports](#)**

Course delves into the significance of diversity and inclusion within the realm of sports and physical activity. The course equips physiotherapists with the necessary insights, knowledge, skills, and attitudes to effectively navigate cultural complexities in sports settings and within physical activity environments. In addition, course deepens physiotherapists' competencies to promote equity and ethics in health care for athletes of all levels, ages and abilities.

The course provides you with a comprehensive overview of topics, such as cultural competence, diversity, equity, and inclusion in sports. It emphasises the understanding of differences between cultures to create a more inclusive environment in sports and within the area of physical activity. By understanding and respecting cultural differences, physiotherapists can provide personalised and ethical care that considers the athlete's cultural beliefs, practices, and values, ultimately enhancing the overall quality of their health management.

## 2) From Research to Innovation in Sports Physiotherapy Practice

Course covers a comprehensive overview of topics, such as statistics, research methodology, innovation and artificial intelligence (AI) in sports. Course emphasises the importance of understanding the sources of evidence regarding research. By understanding the language of research, sports physiotherapists can be more mindful when reading about research or when addressing innovation advertising.

This course aims to equip physiotherapists with the necessary insights, knowledge, skills and attitudes to effectively navigate the complexities in keeping up with research and innovation to promote up to date and evidence-based care of athletes of all ages and abilities. Course also enhances participants' understanding and appreciation of their own methods when treating athletes.

### [Registration to the courses](#)



Further information:

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Thank you!

The courses covers fully or in part the following updated IFSPT Competencies:

Course 1: Competency 1 Injury Prevention: 1D:2, Competency 7 Professionalism and Management: 7A:1, 7A:2, 7A:3, 7G:1, Competency 8 Research: 8B:2, Competency 9 Dissemination of Best Practice: 9E:1, Competency 10 Extending Practice Through Innovation: 10F:1, Competency 11 Ethical, Legal and Cultural Practice in Sports Physiotherapy: 11A:1, 11 A:3, 11 B:1, 11C:1, 11C:2, 11 D:1, 11 D:2, 11 E:1, 11E:2, 11 F:1

Course 2: Competency 6 Life-long Learning and Practice: 6D: 1, Competency 8 Research: 8A:1, 8A:3, 8B:1, 8B:2, 8C:2, 8D:1, 8D:2, Competency 9 Dissemination of Best Practice: 9A:1, 9B:1, Competency 10 Extending Practice Through Innovation: 10A:1, 10B:1, 10C:1, 10D:1, 10D:2, 10F:1