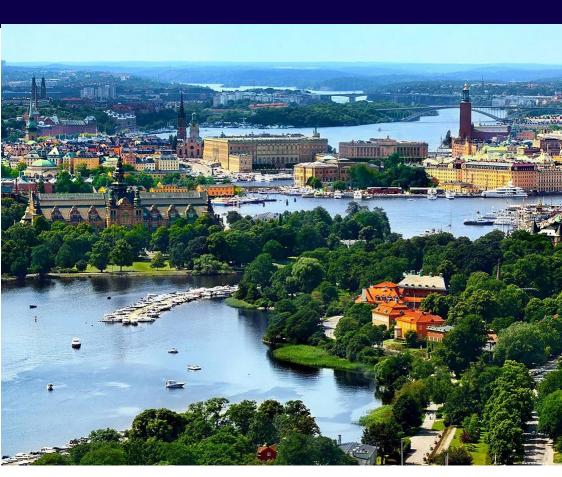
jamk Jyväskylän ammattikorkeakoulu University of Applied Sciences

Welcome to Stockholm – the capital of Scandinavia! 13 – 15 June 2025



Built on 14 islands around one of Europe's largest and best-preserved medieval city centers, the Swedish capital is superbly positioned, with stunning and varied scenery in every direction. Stockholm offers a wealth of museums, theatres, attractions, and events, whether your interest lies in history, art, opera, modern dance, traditional handicrafts, contemporary design, and much more. With the world's first national park within a city limit and an amazing archipelago made up of 24.000 islands, Stockholm's first-ever European Green capital is a jewel worth visiting any time of the year!

ITINERARY FOR THE WEEKEND TOUR

Bus transfer	13 June (Jyväskylä – Helsinki Airport) Bus leaves at 07:00 from Greenstar Hotel
	15 June (Helsinki Airport – Jyväskylä) Bus arrives at Greenstar Hotel approximately at 19:30 Heikinkatu 3, 40100 Jyväskylä
Flights Finnair	13 June Helsinki-Stockholm at 12:50-12:50
	15 June Stockholm-Helsinki at 13:30-15:30
Hotel	13-15 June 2025 Scandic Hotel Alvik
	Gustavslundsvägen 153, Bromma, Stockholm, Sweden
	At Scandic Alvik you're close to the tranquility of Lake Malaren's shoreline with its scenic jogging trails. At the same time, you're just steps from the buzz of the city and public transport.
	The hotel offers its guests an organic breakfast, free Wi-Fi, and a rooftop terrace with views of the city.



Day 1 MEETING IN JYVÄSKYLÄ

13 June at **7:00** bus transfer from Jyväskylä to Helsinki airport. Bus leaves at **7:00** am from Greenstar hotel Heikinkatu 3, 40100 Jyväskylä.

We meet at Greenstar at 6:30. We will check that everyone is there. When we call your name, you have to raise your hand and show your passport.

If you live in another hotel, make sure to arrive at Greenstar on time.

ARRIVAL TO HELSINKI

at 10:50 arrival to Helsinki Airport, check-in, and security check

at 12:50 Finnair flight from Helsinki to Stockholm

ARRIVAL TO STOCKHOLM

at **12:50** Arrival in Stockholm Arlanda airport (local time, flight duration 1 hour)

Remember all your belongings when you leave the plane

Transfer from the airport

at **14:00** lunch at Rosersberg castle, and guided sightseeing tour in beautiful Stockholm

at **18:00** Arrival at the hotel, Scandic Hotel Alvik

at 18:30 Dinner at the hotel, 2 courses meal



Day 2	Breakfast and a free day to spend in beautiful Stockholm
14 June	Free time in beautiful Stockholm
Day 3	(Remember all your belongings when you leave the room and if you used the minibar, remember to pay the bill)
15 June	LEAVING HOTEL
	before 10:00 Breakfast and check-out
	at 10:00 we meet downstairs in the lobby
	We will check that everyone is there. When we call your name, you have to raise your hand and show your passport.
	at 10:30 Transfer to Stockholm Arlanda airport
	at 13:30 Finnair flight from Stockholm to Helsinki
	ARRIVAL TO HELSINKI
	at 15:30 Arrival in Helsinki
	Bus transfer from Helsinki airport to Jyväskylä
	at 19:30 Arrival to Jyväskylä, Greenstar Hotel
Price	750 EUR/person (group of minimum 30 and maximum 40 students)

Jamk staff members will accompany students throughout the tour.

