

# Welcome to Stockholm – the capital of Scandinavia! 13 – 15 June 2025



Built on 14 islands around one of Europe's largest and best-preserved medieval city centers, the Swedish capital is superbly positioned, with stunning and varied scenery in every direction. Stockholm offers a wealth of museums, theatres, attractions, and events, whether your interest lies in history, art, opera, modern dance, traditional handicrafts, contemporary design, and much more. With the world's first national park within a city limit and an amazing archipelago made up of 24.000 islands, Stockholm's first-ever European Green capital is a jewel worth visiting any time of the year!

## ITINERARY FOR THE WEEKEND TOUR

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**Bus transfer** 13 June (Jyväskylä – Helsinki Airport) Bus leaves at **07:00** from Greenstar Hotel

15 June (Helsinki Airport – Jyväskylä) Bus arrives at Greenstar Hotel approximately at **19:30** Heikinkatu 3, 40100 Jyväskylä

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**Flights** 13 June Helsinki-Stockholm at **12:50-12:50**

**Finnair** 15 June Stockholm-Helsinki at **13:30-15:30**

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**Hotel** 13-15 June 2025 Scandic Hotel Alvik

Gustavslundsvägen 153, Bromma, Stockholm, Sweden

At Scandic Alvik you're close to the tranquility of Lake Malaren's shoreline with its scenic jogging trails. At the same time, you're just steps from the buzz of the city and public transport.

The hotel offers its guests an organic breakfast, free Wi-Fi, and a rooftop terrace with views of the city.

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## Day 1

13 June

### MEETING IN JYVÄSKYLÄ

at **7:00** bus transfer from Jyväskylä to Helsinki airport. Bus leaves at **7:00** am from Greenstar hotel Heikinkatu 3, 40100 Jyväskylä.

**We meet at Greenstar at 6:30.** We will check that everyone is there. When we call your name, you have to raise your hand and show your passport.

**If you live in another hotel, make sure to arrive at Greenstar on time.**

### ARRIVAL TO HELSINKI

at **10:50** arrival to Helsinki Airport, check-in, and security check

at **12:50** Finnair flight from Helsinki to Stockholm

### ARRIVAL TO STOCKHOLM

at **12:50** Arrival in Stockholm Arlanda airport (local time, flight duration 1 hour)

**Remember all your belongings when you leave the plane**

Transfer from the airport

at **14:00** lunch at Rosersberg castle, and guided sightseeing tour in beautiful Stockholm

at **18:00** Arrival at the hotel, Scandic Hotel Alvik

at **18:30** Dinner at the hotel, 2 courses meal

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<b>Day 2</b>	Breakfast and a free day to spend in beautiful Stockholm
<b>14 June</b>	Free time in beautiful Stockholm

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<b>Day 3</b>	<b>(Remember all your belongings when you leave the room and if you used the minibar, remember to pay the bill)</b>
<b>15 June</b>	<b>LEAVING HOTEL</b>  before <b>10:00</b> Breakfast and check-out  at <b>10:00</b> we meet downstairs in the lobby  We will check that everyone is there. When we call your name, you have to raise your hand and show your passport.  at <b>10:30</b> Transfer to Stockholm Arlanda airport  at <b>13:30</b> Finnair flight from Stockholm to Helsinki  <b>ARRIVAL TO HELSINKI</b>  at <b>15:30</b> Arrival in Helsinki  Bus transfer from Helsinki airport to Jyväskylä  at <b>19:30</b> Arrival to Jyväskylä, Greenstar Hotel

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<b>Price</b>	750 EUR/person (group of minimum 30 and maximum 40 students)
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**Jamk staff members will accompany students throughout the tour.**